



# STRENGTH

Home Gym



## OPTIONAL BOXING STAND

Product Code: L7BSA

Optional Boxing Stand attachment  
(excludes ball/bag)



## 200LB HOME GYM

Product Code: L7200

### Key Features

Functions: Over 20 Upper & Lower Body exercises,  
Multi-grip Press Arm for Chest &  
Shoulders, Lat Pull /Low Row

Seat: Adjustable for height

Pads: Contoured backrest

Colour: Black powder coated frame

Weight Stack: 200 LBS (91 KG, Plastic)

Maximum User Weight: 110 KG (242.5 LBS)

Assembled Dimensions: 141 cm (L) x 105 cm (W) x 205 cm (H)

### Other Features

- Ideal for Beginner / Novice Weight Training